

Carnyorth Outdoor Education Centre



**Carnyorth, St Just, Penzance
TR19 7QD**

01736 786344

pparkinson1@cornwall.gov.uk

www.cornwalloutdoors.org



L12934/R2355

Background Information

Carnyorth Outdoor Education Centre is situated in West Cornwall between St Just and Pendeen. The centre is spacious and colourful with attractive grounds and friendly staff. It is in a fantastic location with a cliff edged coast where old mining buildings perch and wild moorland where a Bronze Stone circle can be found.

Originally built in 1893 as a village school for mining families, it is now a thriving centre where the staff share their passion for the outdoors.

For information regarding the Centre

Head of Centre - Paul Parkinson

Carnyorth Outdoor Education Centre, St Just, TR19 7QE

T: 01736 786344

E: pparkinson1@cornwall.gov.uk

For booking and invoicing contact

Mandy Richards,

Chy Trevail, North 2, Beacon Technology Park, Dunmere Road, Bodmin, PL31 2FR

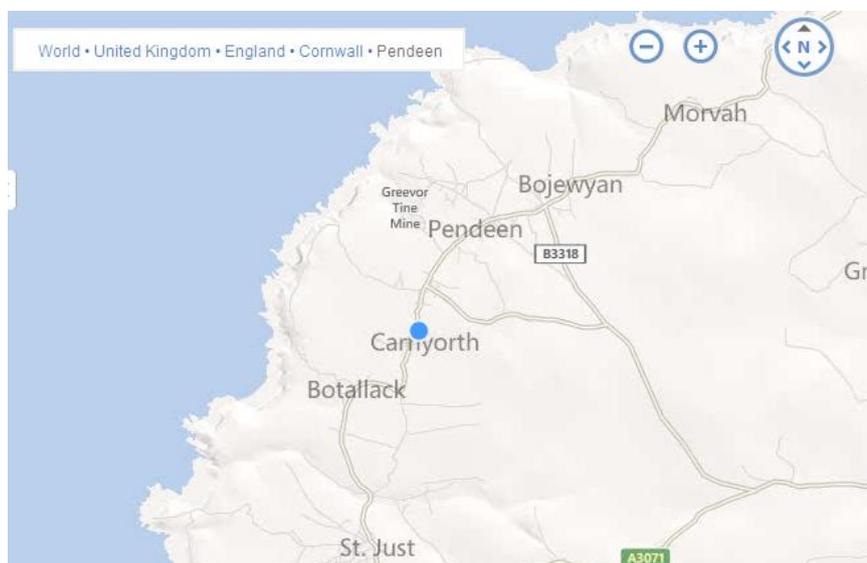
T: 01872 326360

E: mrichards@cornwall.gov.uk

How to find us:

Carnyorth is situated between St Just in Penwith and Pendeen on the coast road which runs from St Ives to Lands' End. The road to St Ives is very beautiful - but twisty, narrow and slow, and therefore not recommended.

Take the A30 past Penzance, turning right for St Just on the A3071. Turn right again at the Pendeen sign then left towards Trewellard and left again at the bottom of the hill. The Centre is opposite the phone box in Carnyorth.



Centre Description

The Centre, which is centrally heated, has two large dormitories, one with 18 bunks and one with 16. It has 2 separate rooms which can be used by staff one with 4 beds and one with 3. There is a large common room and separate dining room. We can provide catering or you can self-cater in the well equipped kitchen.

The centre has photovoltaic tiles which generate electricity and solar panels which heat up the water.

Accessibility facilities

The Centre is DDA compliant and has accessible toilets, showers and washrooms.

Wi Fi

The centre has Wi-Fi installed. This can be controlled at the discretion of the visiting group leader and Head of Centre. Password is available on request.

Bedroom Accommodation

Accommodation is provided in two fully centrally heated rooms, one with 18 bunks and one with 16. There are two group leader rooms, one with 4 beds and one with 3.

Shower and Washrooms

Three washrooms with shower cubicles, wash hand basins with hot and cold water.

Common Room

The large common room has a wooden floor covered by a large rug. There are comfy settees and chairs. There is a DVD and projector.



Dining Room

The dining room has enough forms and tables for all to sit down and eat together.

Kitchen

Stainless steel work surfaces, two large stainless steel sinks with hot and cold water, a six-ring gas cooker with grill and hood, toaster, microwave oven, plates, mugs, knives, forks and spoons for 40 persons, together with a full range of cooking pans and utensils. The kitchen also has a large upright refrigerator and freezer available for self-catering groups.

Drying Facilities

A small drying room is available with hanging rails and a small heater. The Centre cannot accept responsibility for lost items.

Facilities available in Centre

Please be aware that the Carnyorth Centre is in a residential area and that noise should be kept to a minimum after 9.00pm



Useful information

Before your visit

- To make arrangements for arrival and departure times please ring the centre: 01736 786344.
- Please contact the centre to discuss your activity programme
- Read and understand the Cornwall Outdoor Safety Policy. This can be accessed via our website www.cornwalloutdoors.org via the Schools and Groups link and then Useful Documents. You should act on all the requirements of the document which relates to your stay at the centre. Ensure that all accompanying staff also read all the guidelines.
- Please ensure that the on-line Education Visit Form has been completed well in advance of your visit. Any problems contact Paul Parkinson 07973241824. pparkinson1@cornwall.gov.uk
- Prior to your visit a request of confirmation of numbers and dietary needs, if being catered, will be sent out. This needs to be completed and sent back to the centre 6 weeks before your residential

On your arrival

Groups will be welcomed by centre staff and introduced to the centre. Rooms will be allocated and should there be any problems please report to centre staff.

You should have available:

- List of group members names including adults.
- List of any medical conditions, dietary requirements.
- A copy of your emergency procedures.
- Photo permission sheets
- Parental consent forms

Packed Lunch

Please remember that on your first day you will all need to bring packed lunches.



While at the centre:

It is the Leader's responsibility to:

- Manage group behaviour at all times
- Ensure the centre is secure at night and when you go out;
- Enforce group rules and responsibilities;
- Manage group domestic arrangements;
- Take charge of the group during lunch breaks whilst out on activities;
- Ensure group members do not enter the kitchen unless an adult is present;
- Deal with group medicine and first aid requirements

Cleaning

The centre is cleaned and checked before each group comes in. It is the group's responsibility to keep the centre clean while in residence. Please let Centre staff know if any problems or defects occur. Please leave the Centre clean, tidy and free from litter. A charge will be made for any extra cleaning costs incurred.

Typical Activity-based timetable

Breakfast	08.00am
Morning Activity	09.30 am
Lunch	12.30 pm (30 minutes)
Afternoon Activity	13.00pm
Return to centre	16.30pm
Evening Meal (if booked)	18.00pm
Centre staff available	09.00am until 17.00pm

Accident Procedure

Any accidents or illness occurring during your stay should be noted in the accident book and on the relevant forms. It is essential that the Head of Centre is notified of any incident to members of the group or accompanying staff as soon as possible.

Fire Drill

The following procedures must be followed in the event of a fire in the building:

1. Evacuate the building immediately
2. Sound the Alarm
3. Dial 999, ask for fire brigade.
4. Assemble group outside. Take register
5. Do not attempt to tackle any large blaze.

Lost Property

All items left in the centre are normally kept for one month and then disposed of. The centre does all it can to re-unite lost property with its owner, but the cost of doing so must be paid by the owner, eg. postage.

Areas of close supervision

Although the centre is a safe place for all guests, there are areas within the centre that we recommend for close supervision for their own safety and security. These are the kitchen, indoor climbing wall and garden area. These areas will be identified to you on your arrival

Catering

Our catering service is available to groups staying at the centre. A fixed menu is provided and a vegetarian option is always available. **If you have booked catering dietary needs should be telephoned through to the Centre at least three weeks prior to your stay.**

Our full catering service includes:

- Breakfast ingredients for you to prepare your own.
- Packed Lunch ingredients for you to prepare your own
- A prepared evening meal, including a vegetarian option if booked, with a sweet.
- Enough milk is provided for breakfast cereal and tea and coffee.
- Squash is provided for pupils
- Each group is responsible for their own washing up.
- Group members need to bring their own lunch boxes and drinks bottles

Self-Catering Groups

Groups can also fully self-cater. It is strongly recommended that a member of staff holds the Food Hygiene Certificate. Please be aware that the kitchen must be left clean and tidy. A charge will be made if extra cleaning is required.



On your departure

The group leader will be asked to fill in a leaving form confirming chargeable details such as actual group numbers, any breakages and additional costs incurred. These will be signed and invoices raised on the details recorded.

Please note clearly if any of your leaders have free places due to pupils with extra needs. Refunds will not be given if Leaving Forms are not completed correctly.

Any details of accidents or incidents occurring during your stay should be reported to The centre office so that it can be recorded appropriately.

After your stay

You will be sent an evaluation form which we hope you will fill in as we value your views.

Activities

At the Carnyorth Centre we specialise in residentials and activities. Our experienced instructors have an excellent reputation for delivering safe and enjoyable activity sessions at all levels. All Carnyorth instructors are fully qualified. Please ring the centre to discuss your activity options before your stay 01736 786344.

- **Canoeing and Kayaking**
Enjoy fun and games in canoe and kayaks. Learn new skills and have fun afloat.
- **Build and cruise your own Coracle**
For many years people have been building these simple but sturdy boats. In teams learn how to build a coracle and paddle it on a spring fed pool on the moors.
- **Climbing**
Climb our mobile climbing wall for a fun, exciting challenge. Starting with some easy routes build your confidence as the difficulty increases. Create a group 'metres' tally chart to see how high the group can reach.
- **Archery**
Learn the ancient skill of Archery to develop concentration skills and manual dexterity in individuals of all abilities.
- **Orienteering**
Two courses of increasing difficulty, from playground to field and finish by cracking the code to stop the bomb.
- **Mountain Biking**
A variety of biking challenges on our mountain bikes. A wonderful mix of fitness, education and thrills awaits everyone regardless of experience.



- **Search and Rescue**

The group organise a search over a part of the moor for a missing pilot. Once the pilot has been found the group will have to organise the rescue. A great exercise using team work and communication skills.

- **Pizza Making**

Donning aprons make dough and whilst it's rising search for minibeasts in the pond and the grounds, make clay boggarts or draw and paint. Back in the kitchen the pizzas are rolled and topped and baked in the outdoor clay oven.

- **Local Exploration**

Walk over the fields towards the sea, to explore the coastal path and the local mines

- **Miners Cluedo**

The World Heritage St Just Tin mining area sets the scene for a large scale game of Cluedo! There has been a murdered miner and through the use of various props the children have to establish 'whodunit', with what and where by visiting different parts of the magnificent mining landscape adjacent to the coast.

- **Wonderfully Wild Woodlands**

Choose activities ranging from fire making, shelter building and learn about the woods.

- **Rock Pool Discovery**

We walk along the coastal footpath and a beautiful valley until we reach Porth Ledden near Cape Cornwall where we base ourselves to explore the rock pool habitat, fill in group data recording sheets, look at animal rock pool classification and make drawings.

- **Shelter Building**

Using man-made materials, pupils will look at shape, size and proportion and will build a variety of shelters using different materials.



Evening Activities

Please contact the centre for information regarding evening activity availability.

Suggested clothing and equipment list

For night time

- Sleeping Bag (best packed separately)
- Pillow and pillow case
- Flat sheet for on the mattress
- Night clothes
- Towel
- Wash bag and toiletries



Remember the Cornish climate cannot always be relied upon. Make sure you bring warm clothes – even in July

For day time water/land based activities

- Underwear
- Several pairs of warm socks
- T shirts
- Trousers, preferably not jeans
- Jumpers/Sweat Tops/Fleeces
- Waterproof jacket and trousers
- Wellies, walking boots/trainers (these may get wet and muddy)
- Old shoes / wetsuit boots for water activities (not flip flops, crocs or reefs)
- A warm hat, scarf, gloves
- Small rucksack/day bag
- Packed lunch box
- Unbreakable drinks container
- Cap/Sun hat and sun cream
- Personal medical requirements

In the centre

- Indoor shoes ie: plimsolls or slippers
- 2 black bin liners for wet and dirty clothes
- Several carrier bags

Please pack everything into a medium sized bag

ENSURE EVERYTHING IS LABELLED WITH YOUR NAME

Please Note:

If mobile phones are allowed for your students in the evenings it is recommended that they remain switched off and retained by visiting group leaders until needed. Any devices that need charging **MUST NOT BE LEFT UNATTENDED.**

Mobile phones should not be carried whilst on any activity, except by leaders responsible for group safety.

Please do not bring; knives, chewing gum or permanent markers.

NOTES



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Cornwall Outdoors



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